

# SEDONA

## Journal of EMERGENCE!

PEACE TO ALL BEINGS

### PREDICTIONS



STEPHANIE CLEMENT



MICHELLE KAREN



RHONDA SMITH

### CHANNELING



ALMINE



FRANKIE Z AVERY



VERA NADINE BOINN



LEE CARROLL



RAE CHANDRAN



CATHY CHAPMAN



JUDITH COATES



COMMANDER ALEON



DANIELE DEVOE



THERESE DORER



VIRGINIA ELLEN



NORMA GENTILE



BENTE HANSEN



RONNA HERMAN



MS. LILY JONES



KATHLYN KINGDON



KATE LANXNER



LYNETTE LECKIE-CLARK



AMY LEIGH



PEPPER LEWIS



LOTUS FIRE



GILLIAN  
MACBETH-LOUTHAN



JILL MARA



JEFF MICHAELS



DAVID MILLER



JUDITH MOORE



TONY NEATE



CAROLYN ANN O'RILEY



CATHERINE  
RICHARDSON



MIRIANDRA ROTA



STEVE ROTHER



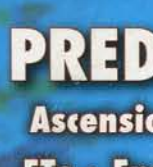
MOLLY ROWLAND



SAGA-ORACLE



SELACIA



KAHU FRED STERLING



JAMES TYBEROHN



MAURENE WATSON



CATHERINE BEAN WESER



HELENITA ZIEGLER



MARY ANN ANTENUCCI



RAM DASS



ROBERT SHAPIRO



JONATHAN GOLDMAN



LAURI QUINN  
LOEWENBERG



TOM MOORE



KATIA ROMANOFF



SUSAN SHUMSKY



TOM WRIGHT



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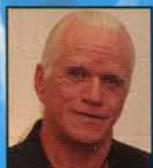
## PREDICTIONS FROM OVER 50 CHANNELS

Ascension • Economy • 2012 • Technology • Children • Health • Religion  
ETs • Energy Climate Changes • Astrology • Geopolitics • And Much More

### ARTICLES & FEATURES



ALEXANDRIAN STAHR



KAHU FRED STERLING



JAMES TYBEROHN



MAURENE WATSON



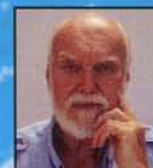
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HELENITA ZIEGLER



MARY ANN ANTENUCCI



RAM DASS



HEATHER FRASER



JONATHAN GOLDMAN



LAURI QUINN  
LOEWENBERG



TOM MOORE



KATIA ROMANOFF



SUSAN SHUMSKY



TOM WRIGHT

PLEASE SEE  
THE INSIDE  
BACK COVER  
FOR OUR  
ELECTRONIC  
CONTRIBUTORS

first discovering where you are at, and then getting a move on. It's all in the middle of your head anyway.

As an aside, this middle-of-your-head observation about where we really exist is not some airy-fairy example with no real results. I have seen too many people re-create their lives by first finding out where they were,

and then getting a move on toward where they wanted to be. In order to create this movement, it's always easier to travel your path as light as possible, and that's why the first step is to spend time cleaning up our lives, literally throwing out all that heavy junk we don't need anymore, the "where we are right now" stuff. If it's for nothing else

(and it's most definitely not for nothing else), cleaning up our lives feels so good. It also produces some astounding results—real stuff in the real world. And it all comes from discovering a simple question that unlocks doors, then asking that question with all that we've got, and walking through the doorway once it's opened. You go! \*

# Surfing the Ninth Wave Into Unity Consciousness

Susan Shumsky

**A**s we move into the next phase of the Mayan calendar on March 9, 2011, we enter a new realm of consciousness. This will bring shifts in every area of human life, and human beings will see mental, spiritual, political, social, economic, and geological changes.

The Mayan calendar develops according to nine wave movements. The longest wave starts at the birth of the universe while the ninth and final wave, beginning on March 9, will be 234 days long, made up of thirteen different *uaxacalhunkin* (eighteen-day) periods. During this last phase of

the Mayan calendar, we are barreling toward the culmination of collective human development, which will occur at the calendar's endpoint, calculated by the greatest experts in the field as October 28, 2011. So what will this mean for humanity?

The past fifty years have seen tremendous spiritual changes that have been increasing exponentially as greater light is poured into this planet from the magnificent beings of light, ascended masters, and deities who are responsible for the welfare of humanity. They have been patiently waiting for our spiritual awakening. That time is now.

Within the last five decades, we have seen spectacular positive changes, including the emergence of health food stores, esoteric bookstores, yoga studios, martial art studios, spiritual expos and conferences, and entire New Age sections in mainstream bookstores. Major publishers are now printing spiritual books. There is a growing awareness of ecology and conservation, resulting in such things as the recycling of garbage. We have seen a rise in the practice of meditation and an improved longevity in the physical body. These and many other

signs indicate that we are entering a golden age.

Now is the time we have been waiting for, and we are the ones we have been seeking. This is the era of unity consciousness, during which humanity is no longer driven by the ego, by greed, and by the need to consume on every level—consuming precious resources, gaining control, oppressing others, committing crimes, and enslaving the weak. This is the time we have sought to create, a time when we open to the Christ consciousness. In this upcoming time, our motivation is of pure love. We move into a new era of healing, world peace, prosperity, and brotherly love. This is a messianic age in which the second coming of the Christ consciousness pours its light over the earth.

During this precious period of the ninth wave, there is one essential skill for us to acquire: the ability to listen to our hearts and open to the "still, small

## KEY POINTS

- "In this new era, God is available to everyone, for this is the time of unity consciousness. There is no need now to go through an intermediary."
- "During this precious period of the ninth wave, there is one essential skill for us to acquire: the ability to listen to our hearts and open to the still, small voice within."
- "Once you learn how to do this, you are never alone, for God is with you always."

**SUSAN SHUMSKY**  
divinerevl@aol.com  
www.divinerevelation.org



voice" within. There is no roadmap to this new territory; we are moving into a country not yet been explored. There are no guides to lead us into this landscape. That is why it is vital for us to learn how to clearly and consciously receive guidance from within, as our divine inner teachers and our higher self know how to forge our way through this wilderness.

**HEAR THE STILL,  
SMALL VOICE IN THE STORM**

What is the key to unlocking this precious treasure within? How do we open the door to our inner awakening? How can we hear the still, small voice of divine guidance? Most importantly, how can we trust that it is truly the voice of God and not some other voice—the voice of self-sabotage, of the mind, of the ego, or of a faker spirit duping us?

The opening is easy—and it will just get easier as we move into the ninth wave. Here is the supreme secret: Sit

down in a chair, close your eyes, take a few deep breaths, and get quiet, still, centered, and balanced within yourself. Then simply ask. That is it. That is the secret. You simply *ask*. Ask, and it shall be given you. Ask God a question; ask for guidance or for inspiration. Ask to know what direction to take in life.

Then give yourself another deep breath and do the "do-nothing" program: Do nothing, nothing, and less than nothing. The still, small voice of God will give you guidance in a voice, a vision, or a feeling. Learn how to distinguish and discern between the true voice of Spirit and other voices in your mind, testing the authenticity of those inner messages. Practice this daily and develop your ability to hear the voice of God through your inner sensing of clairvoyance, clairaudience, or clairsentience.

Once you learn how to do this, you are never alone, for God is with

you always. You then have full confidence that you are on the right path, fulfilling the divine plan and purpose of your life. You are moving with the times in an evolutionary direction rather than fighting against the ninth wave undermining yourself, and clinging to the ego. You are surfing the ninth wave rather than crashing on the rocks of desolation and disappointment.

Now is the time to open to God's presence and to experience God's guidance. In this new era, God is available to everyone, for this is the time of unity consciousness. There is no need now to go through an intermediary. Now is the time to go direct, to cut out the middleman. No pastor, rabbi, priest, channeler, psychic, or other go-between is needed. You are the prophet; you are the mystic. Within you, all the wisdom lies. You are all that you have been seeking. You are the answer. ✨

# MOMENTS OF TRANSCENDENCE

## Self-Love: The Bliss of Union

Heather Fraser



**T**he single greatest act of self-love I have ever performed was to draw a line in the sand and say, "Despite my fears, from this point forward, I'm going to honor my self and my gifts." To begin writing again and to express my divinity was an act of self-love. It was also one of the most difficult things I've ever done. I knew my abundance was tied to writing, but the thought of having no job and the prospect of an even further impoverished existence was terrifying. This had always been the fear that held me back from expressing my truth in the world.

**MAKING THE LEAP TO FREEDOM**

I had been writing on and off for years, with almost every article I wrote being published. I

wrote a newsletter for over four years that gained an audience around the world. I had also self-published a book of poetry, taught some workshops, and had done some inspirational talks and private consultations. All this I did in between working at other jobs—in a world I felt I did not fit into. It seemed as if the only decision and choice I had never made was the one to simply surrender every joyless thing I was doing to please others, tow the line, and make a living.

Heather Fraser  
Ontario, Canada  
[www.heatherfraser.com](http://www.heatherfraser.com)

